



# Garden Gourmet Picnics

R120 per person

Our Picnics are packed into a green reusable bag (or for R10 extra a green cooler bag)

Choose any salad or sandwich from the following list:

## GREEK HOUSE MIXED SALAD

An assortment of greens and vegetables, sprouts, roast seeds and feta and pitted black olives served with our famous fresh herb and honey dressing

## MEXICAN GRILLED CHICKEN OR STEAK SALAD

With avocado (when in season), with corn, celery, cucumber and croutons on a bed of lettuce and spinach with our fresh lemon and coriander dressing

## MIDDLE EASTERN VEGETARIAN PLATTER

Humus, labaneh & za'atar (yoghurt cheese), roast eggplant and spicy Turkish tomato salad served with warm pita bread

## SMOKED SALMON PLATTER (Extra R12 per person)

The finest local salmon trout served with dill crème fraîche and capers with a house salad

## THAI CALAMARI OR CRISPY FISH SALAD WITH FRUIT

Tender strips of calamari stir fried in soya and sweet chilli  
OR crispy nuggets of hake, served with fresh greens, julienne vegetables, sprouts, fresh fruit and topped with crispy rice noodles

## VEGETABLE THAI SALAD WITH FRUIT AND CASHEW NUTS

Julienne vegetables, sprouts and fresh fruit on a bed of fresh greens topped with roast cashew nuts and crispy rice noodles with your choice from our fresh home made breads: whole-wheat seed loaf, Italian white or 100% rye

## SUMPTUOUS SANDWICHES

Made on 3 slices of our home made breads either whole wheat seed loaf, 100% rye or Italian white bread

choose your favourite filling from the following list:

- Grilled vegetables with basil pesto and feta
- BBQ chicken mayonnaise
- Egg mayonnaise with horseradish and dill
- Grated cheddar cheese with tomato and bacon
- Open Health sandwich – 2 slices of bread with chunky cottage cheese, grilled mushrooms, sun-dried tomatoes, sprouts and toasted seeds Packed with either a House mixed salad OR Hot chips

## Dessert

2 scones with strawberry jam and clotted cream OR a piece of home made cake of your choice

## To Drink

Choose either a fruit juice, mineral water or carbonated drink of your choice

Buy your wine or beer separately from our menu choices.  
We will supply the disposable glasses

# English Tea for 2

R140 for 2

- 2 teas, filter coffee, fruit juices or carbonated drinks
- Cucumber and cream cheese, cheese and tomato or egg sandwiches on either white or whole-wheat bread
- 2 mini spinach and feta quiches
- Home made scones with strawberry jam and clotted cream
- 1 piece of cake – cut into 2

Or simply order from our menu and we will pack it for you to enjoy in the garden!

For larger groups mix and match the sandwich and salad picnics. Call us in advance and we will tailor-make the picnic for you

This menu is valid from 1 August 2009 and supercedes all previous menus.

For more information or to place an order please contact us:

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