



## GARDEN GOURMET PICNICS 2017/18

Our Picnics are packed into a green reusable bag

Rent-a-picnic-blanket R30 each (deposit R150)

Cool-de-sac R120

R230 PER PERSON

Choose any salad and sandwich from the following list:

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### SALADS

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#### GREEK HOUSE MIXED SALAD

An assortment of greens and vegetables, sprouts, roast seeds, feta and pitted black olives served with our famous fresh herb and honey dressing

#### MEXICAN GRILLED CHICKEN SALAD

With avocado (when in season), corn, celery, cucumber and croutons on a bed of lettuce and spinach with our fresh lemon and coriander dressing

#### MIDDLE EASTERN VEGETARIAN PLATTER

Home made humus, falafel, roast eggplant salad, labaneh (yoghurt cheese) and a spicy vegetable and tomato salad served with warm pita bread

#### SMOKED SALMON PLATTER

The finest local salmon trout served with dill crème fraichè and capers with a house salad

#### THAI VEGETABLE SALAD WITH FRUIT & CASHEW NUTS

Julienne vegetables, sprouts & fresh fruit on a bed of fresh greens topped with roast cashew nuts and crispy rice noodles dressed with a sweet chilli, soya, sesame oil and coriander dressing

#### THAI CALAMARI SALAD

Thai vegetable salad topped with strips of calamari stir fried in a soya & sweet chilli sauce

#### THAI CRISPY FISH SALAD

Thai vegetable salad topped with crispy nuggets of hake and a soya & sweet chilli dipping sauce

#### SUSHI SALAD

Sushi rice with shredded nori, lightly marinated vegies in a ginger, wasabi and rice vinegar dressing, and avocado served on a bed of greens – Plain **or** with crispy fried prawns **or** smoked salmon & a wasabi/mayo dip

*With one slice of your choice of our fresh home made breads*

PLUS . . .

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## SCRUMPTIOUS SANDWICHES

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Made on 2 slices (except for the health sandwich) of our home made breads: whole wheat seed loaf, Italian white, Classic 60% rye, 100% rye or gluten-free or Banting bread

Choose your favourite filling from the following list:

- Grilled vegetables with basil pesto, feta & mozzarella
- Spicy chicken mayonnaise
- Egg mayonnaise with horseradish and dill
- Grated cheddar cheese with tomato and bacon
- Open Health sandwich – 1 slice of bread with chunky cottage cheese, grilled mushrooms, sun-dried tomatoes, sprouts and toasted seeds
- Open roast sandwich with mustard & pickles

#### DESSERT

2 scones with strawberry jam & clotted cream

OR a cake of your choice

#### TO DRINK

Choose either a fruit juice, mineral water or carbonated drink

Buy your wine or beer separately from our menu choices.

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## ENGLISH TEA FOR TWO

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### R310 FOR TWO

2 teas, filter coffee, fruit juices or carbonated drinks  
Any sandwich of your choice from the picnic list above  
2 mini spinach and feta quiches

Home made scones with strawberry jam and clotted cream  
1 piece of cake – cut into 2

Or simply order from our menu and we will pack it for you to enjoy in the Garden!

For larger groups call us in advance and we will tailor-make the picnic for you.

**This menu is valid from 1 September 2017  
and supersedes all previous menus**

**FOR MORE INFORMATION OR TO  
PLACE AN ORDER PLEASE CONTACT US:**

Phone: 021 797 4883 • Fax: 021 797 4083

Email: t424u@ktr.co.za